





MTC Phase II "Train the Trainer"

MTC Phase 2 – "Train the Trainer" - 2 Day Course

Phase II – 2 Day Course Delegates will:

- * Need to have successfully completed MTC Phase I training before completing the Phase II course
- * Practice the advanced principles of Appreciative Inquiry and the 4D Review techniques
- * Update themselves with the new MTC activities and outcomes
- * Learn the basic principles of Emotional Intelligence and how to apply E.I. to MTC activities
- * Learn how to apply the principles of Blanchard Hersey's Situational Leadership, John Adair's Action-Centred Leadership to MTC activities
- * Learn how to create Trust, Respect, Diversity awareness, increased self esteem, behavioural

change and motivation using E.I.

- * Learn how to create High Performance Teams utilising Patrick Lencioni's "The 5 Dysfunctions of a Team" model
- * Discover the 4 Motivational Theories and how to apply them
- * Consider Adair's Action-Centred Leadership theory
- * Learn the basic principles of NLP communication techniques
- * Learn the concepts of Transactional Analysis in communication styles
- * Explore and apply Stephen Covey's "The 7 Habits of Highly
- * Consider the impacts and benefits of Mindfulness, Well-Being and how to build Stress Resilience.
- * Learn the difference between teaching, instructing, training, coaching and facilitation and when is the best time within a course to use the them.
- Take a deeper look at different coaching models (STEP, CLEAR and GROW) in order to get the most out of coaching sessions.

Cost for up to 12 delegates = £1.940.00 Includes all materials, workbooks, certificates and Trainer's expenses but excludes VAT

Core Competencies for Learning, Leading, and Collaboration

Developing Powerful, Positive Relationships to Achieve Organizational Excellence

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