

Mobile Team Challenge Ltd

Unleash the Potential of Your People

www.mtceurope.co.uk



Programme Outline

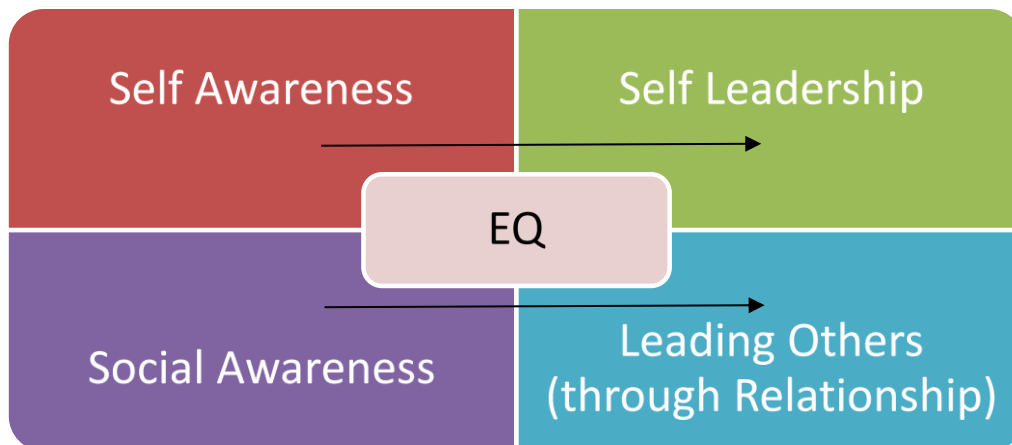
We propose that each student will participate in 3 hours of online 'live' coaching and mentoring and will be supplemented by online material and additional (optional) learning activities. The benefits of asynchronous information delivery by providing links to "expert" video-content and review questionnaires will be firstly to reduce the length of the live online sessions (which will focus on the review and applications challenges related to the techniques and ideas being learned). The videos can also be accessed on demand and can be used as a 'refresher / reminder' at any stage whenever required. Secondly, the mix of shorter live sessions and in-your-own-time learning will result in a greater freedom for the students to fit in the learning in their schedules particularly with the timing of the course been exam season.



The programme itself is designed to take participants on a journey from understanding themselves, understanding others and then understanding life/organisation.

Understanding Yourself:

- Within this Section we will explore the principles of Emotional Intelligence which is the awareness and leadership of 'self and others'



- The delegates will explore the Inter and Intra-Personal Intelligence areas as they develop a greater understanding of Self and Other Awareness – critical to the demonstration of professional communication skills required for Relationship Management.

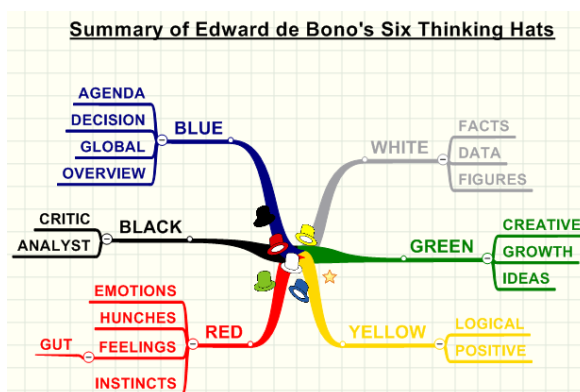


- The delegates will take a look at Appreciative Inquiry model giving them a deeper understanding of how they see things directly affects what they do which in turn determines the results that they get. This will also include elements of Positive Psychology to boost their motivation, drive and critical thinking skills.



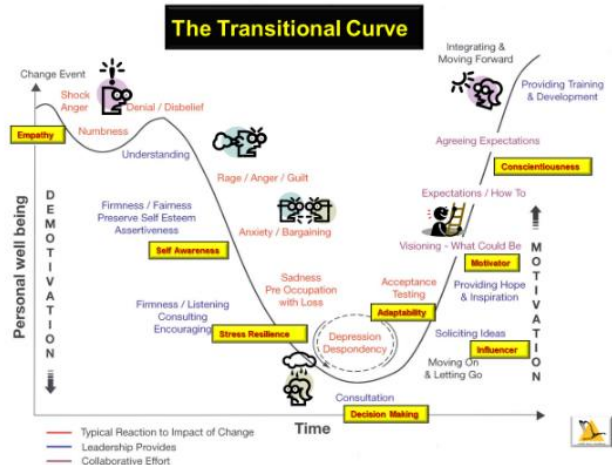
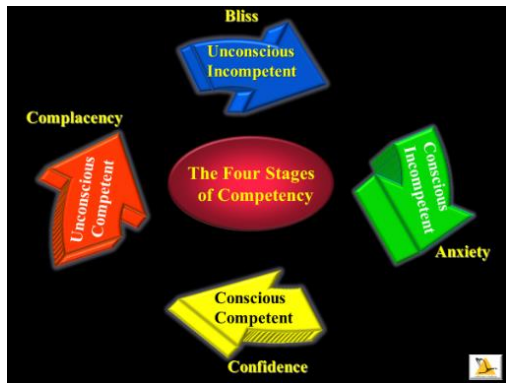
Understanding Others:

- Bridging the gap between “Student Life” and “Work Life” can be a significant challenge to a Student entering the “commercial world” and the application of emotional intelligence and the social skills covered in this programme will be invaluable to the Students to support them in the transition.
- Using models such as; DeBono’s hats, The Lewis model, The Five dysfunctions of team and Transactional Analysis the participants will gain a deeper understanding of how to work with others by developing their Relationship Skills and how to be a key member of (or Lead) a high performance team striving to achieve a shared vision or corporate goal.



Understanding Life / Organisation:

- Often, change and things that happen to us are beyond our control, in this section the delegates will gain a deeper understanding of how to understand and deal with the 'none control' events. This will be done by using models like The Transitional Curve and The Four Stages of Competencies



Learning Outcomes:

Delegates will have:

- ✓ Increased Confidence for Interview skills
- ✓ Increased Decision-Making – Choosing the right job
- ✓ Increased Self-Motivation, Optimistic and Positive
- ✓ Ability to persuade and lead people
- ✓ Ability to cope with change
- ✓ Increased Social-Skills & 'Others' Awareness
- ✓ Ability to be pro-active and organised
- ✓ Ability to cope with uncertainty with strong wellbeing
- ✓ Increased Self Awareness of Strengths & Personality
- ✓ Increased overall presence and professionalism



Increased Employability Workshops

Costings

We propose to deliver 3 hours of online 'live' training in cohorts of 20 students. The 3 hours can either be split into three one-hour sessions or two one and half hour sessions. We will also provide the students with access to online videos and work to supplement their learning.

Cost for the preparation of the online and delivery of the training is:

From £25 + VAT per Student

Further Information can be found here on our website [Increased Employability Workshops | Mobile Team Challenge \(mtceurope.co.uk\)](http://www.mtceurope.co.uk)

