

Core Competencies for Learning, Leading, and Collaboration

Developing Powerful, Positive Relationships to Achieve Organizational Excellence

Collaboration Upgrade Additional Activities*

Concent	Activity																													
		Aikido	Awareness You and Me	The Book Room	Buddies, Inc.	Captured at Our Best	Chris-Cross	Cookie Cookie	Creating the Ideal	Creative Products	Digital Treasure	Diminishing Circles	Empathy	FreezeFramer®	Get Off the Fence	I Know Her	Mat Puzzle Screw	Mirroring	NLP Awareness	NLP Challenge	Parallel Thinking	Roomination	Shift Change	Shoes	Similarities	Slogans	Tunnel of Traps	What it is?	Winner Share All	The Young Princess
Personal Skills																														
Accountability			●	●	●	●	●	●	●				●	●	●					●	●	●				●				
Attitude	●				●	●	●	●	●				●	●	●					●	●	●				●		●	●	
Empathy	●	●		●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
Feedback (give & take)													●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●		
Flexibility	●		●			●		●	●		●		●	●	●					●	●	●			●	●		●		
Goal setting									●						●															
Integrity																●														
Perseverance			●					●	●		●														●	●				
Resilience								●	●				●	●	●						●				●	●				
Self-awareness	●	●			●		●	●	●			●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●		
Self-management	●	●					●	●	●			●	●	●	●					●	●	●			●	●		●		
Self-motivation		●				●		●	●			●	●	●						●	●	●	●	●	●	●		●		
Leadership Skills																														
Communication		●						●	●							●	●	●	●	●	●	●	●	●	●	●	●	●		
Critical Thinking	●		●	●		●		●	●			●	●	●	●					●	●	●	●	●	●	●	●	●		
Decision Making	●			●		●	●	●	●	●					●						●	●				●	●	●		
Listening								●	●			●				●	●	●	●	●	●	●	●	●	●	●	●	●		
Management				●		●		●	●	●											●	●			●	●				
Motivation								●	●							●	●	●	●	●	●	●	●	●	●	●	●	●		
Systems Thinking				●		●		●	●												●	●				●	●	●		
Vision				●		●		●	●												●	●								
Teamwork																														
Appreciative Inquiry				●	●								●	●	●										●	●				
Celebration & Play					●								●	●	●										●	●				
Conflict Resolution	●	●	●	●		●		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●		
Cooperation			●			●																				●	●	●		
Dialogue & Inquiry	●	●		●		●		●	●			●			●						●	●	●	●	●	●	●	●		
Innovation			●					●	●		●															●	●	●		
Learning		●			●							●						●	●	●	●	●	●	●	●	●	●	●		
Openness	●	●	●			●	●	●	●					●	●						●	●	●	●	●	●	●	●		
Planning				●		●		●	●	●											●	●	●	●	●	●	●	●		
Perspective taking	●	●			●		●		●	●		●		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●		
Problem solving			●	●				●	●												●	●				●	●	●		
Respect	●	●										●									●	●			●	●		●		
Rapport	●											●		●							●	●		●	●			●		
Support						●																								
Trust		●	●									●				●										●	●	●		
Valuing diversity	●	●			●		●					●		●	●	●			●	●	●	●	●	●	●	●	●	●		

*The advanced activities require ropes course equipment and are listed on the Ropes Course Equipment Activity Matrix